

Meal Plan July 2017

Key: Morning Tea Lunch, , Afternoon Tea

Mon	Tue	Wed	Thu	Fri
26	27	28	29	30 - HAPPY GOFY
<p>Nursery Breakfast (Weetbix or Crumpets)</p> <p>Fruit Platters</p> <p>Chicken mornay with boiled tatoes, peas and corn</p> <p>Mixed Sandwiches</p>	<p>Nursery Breakfast (Weetbix or Crumpets)</p> <p>Fruit Platters</p> <p>Pasties with roast veg</p> <p>Sticky Date Pudding</p>	<p>Nursery Breakfast (Weetbix or Crumpets)</p> <p>Yoghurt</p> <p>Sliders</p> <p>Corn Flake Muffins</p>	<p>Nursery Breakfast (Weetbix or Crumpets)</p> <p>Fruit Platters</p> <p>Curried pumpkin with rice and a cheese roll</p> <p>Pancakes</p>	<p>Nursery Breakfast (Weetbix or Crumpets)</p> <p>Toasted Fruit Bread</p> <p>Crumbed chicken tenderloins with potato, peas, carrot and gravy</p> <p>Dry fruits, assorted crackers and cheese</p>
3	4	5	6	7
<p>Nursery Breakfast (Weetbix or Yoghurt)</p> <p>Fruit Platters</p> <p>Beef Stroganoff with Pasta</p> <p>Toasted Fruit Bread</p>	<p>Nursery Breakfast (Weetbix or Yoghurt)</p> <p>Crumpets with spreads</p> <p>Stirfry chicken with bok choy and hokkien noodles</p> <p>Apple Cinnamon Crumble</p>	<p>Nursery Breakfast (Toast)</p> <p>Fruit Platters</p> <p>Vegetable Lasagna</p> <p>Anzac Slice</p>	<p>Nursery Breakfast (Weetbix or Crumpets)</p> <p>Fruit Platters</p> <p>Crumbed fish with steamed veg</p> <p>Carrot Cake</p>	<p>Nursery Breakfast (Weetbix or Crumpets)</p> <p>Custard with banana and strawberries</p> <p>Meat Pie with mashed potato, pumpkin and cauliflower</p> <p>Samosas</p>
Mon	Tue	Wed	Thu	Fri
10	11	12	13	14
<p>Nursery Breakfast (Weetbix or Yoghurt)</p> <p>Fruit Pieces</p> <p>Kindy fruit – in containers</p> <p>Spaghetti Bolognese</p> <p>Milo Cookies</p>	<p>Nursery Breakfast (Weetbix or Yoghurt)</p> <p>Fruit Platter</p> <p>Roast Beef with mashed potatoes, vegetables and gravy</p> <p>English Muffins with spreads</p>	<p>Nursery Breakfast (Weetbix or Yoghurt)</p> <p>Custard with banana and strawberries</p> <p>Japanese style teriyaki chicken with udon noodles</p> <p>Fruit Platter</p>	<p>Nursery Breakfast (Weetbix or Yoghurt)</p> <p>Fruit Platter</p> <p>Club Sandwiches</p> <p>Spring Rolls</p>	<p>Nursery Breakfast (Weetbix or Yoghurt)</p> <p>Fruit Platter</p> <p>Hot Dogs with French fries, cucumber and tomato</p> <p>Scones</p>

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Mon	Tue	Wed	Thu	Fri
17	18	19	20	21
<p>Nursery Breakfast (Weetbix or Yoghurt)</p> <p>Mixed Fruit Platters</p> <p>Beef soup with rice noodles</p> <p>Fruit Bread</p>	<p>Nursery Breakfast (Weetbix or Yoghurt)</p> <p>English Muffin with spreads</p> <p>Roast chicken thighs with mushroom and tomato steamed veg</p> <p>Apple & Cinnamon cake</p>	<p>Nursery Breakfast (Weetbix or Yoghurt)</p> <p>Fruit Pieces Kindy fruit – in containers</p> <p>Pizza (vegetarian options)</p> <p>Meat and salad platters with dips and crackers</p>	<p>Nursery Breakfast (Weetbix or Yoghurt)</p> <p>Fruit Platter</p> <p>Silverside with potato</p> <p>Vegemite and cheese Pinwheels</p>	<p>Nursery Breakfast (Weetbix or Yoghurt)</p> <p>Fruit Pieces Kindy fruit – in containers</p> <p>Cheese and Spinach triangles with salads</p> <p>Pancakes</p>
Mon	Tue	Wed	Thu	Fri
24	25	26	27	28
<p>Nursery Breakfast (Weetbix or Yoghurt)</p> <p>Fruit Platters</p> <p>Sausages with home made baked beans and hash browns</p> <p>Toasted cheese and vegemite English muffins</p>	<p>Nursery Breakfast (Weetbix or Yoghurt)</p> <p>Fruit Platters</p> <p>Chicken in apricots with rice and served with a roll</p> <p>Fruit muffins</p>	<p>Nursery Breakfast (Weetbix or Yoghurt)</p> <p>Fruit Platters</p> <p>Shepherd's Pie</p> <p>Rosa's apple pie bites</p>	<p>Nursery Breakfast (Weetbix or Yoghurt)</p> <p>English Muffins with spreads</p> <p>Ratatouille with cheese sauce and garlic bread</p> <p>Ham and cheese croissants</p>	<p>Nursery Breakfast (Weetbix or Yoghurt)</p> <p>Fruit Platters</p> <p>Lamb curry with yellow rice and papadams</p> <p>Orange Cake</p>